# **UNION**SETTLEMENT

## PROGRAMS AT A GLANCE

Since 1895, Union Settlement has provided the people of East Harlem with the vital education, wellness and community-building programs and services they need to thrive.

## Our programs include:

## Early Childhood Services-750 children

- Seven child care/Head Start centers
- Family Child Care Network
- · Vision, hearing, and dental screening
- · Family and child development
- Pediatric asthma initiative

## Youth Services-3,000 youth

- After school and summer programs for elementary, middle and high school students
- Intergenerational tutoring in six public elementary schools
- Arts and academic after school programs in four middle schools
- Employment and educational achievement program for high school students
- College readiness program
- Pre-High School Equivalency and workforce development
- · Alternatives to detention program
- Youth Opportunity Hub
- Teen health and pregnancy prevention

### Adult Education—400 students

- Basic education classes
- English for speakers of other languages
- Civics/citizenship class
- High School Equivalency preparation classes in English and Spanish
- Immigration/educational counseling
- Writing through reading program (with the 92nd Street Y)
- Health Career Pathways training program

## Senior Services—1,600 seniors

- Four senior centers
- Meals on Wheels
- Naturally Occurring Retirement Community
- Senior volunteer program
- · Health and fitness activities
- Computer and Arts classes

## Mental Health Services-1,100 children and adults

- · Individual, group and family counseling
- Children's blended case management
- · Clinics at three Early Childhood Education sites
- Counselors located in public schools

## **Business Development Center**–1,200 small businesses and entrepreneurs

- Computer Classes
- Business Literacy Classes
- Business Development Resources
- Commercial Corridor Revitalization

### Policy & Advocacy

- Strengthening and expanding existing programs
- · Initiatives to promote economic security
- Promoting the civic engagement of East Harlem residents

## **Public Events**—2,000 children and adults

 Community members attend public events including our street fair, cultural celebrations, community health programs, performances, garden activities, free tax preparation and much more.

Union Settlement equips our neighbors—from babies and teens to adults and grandparents—with connected programs that provide opportunities, tools and support for the whole family, at every stage of life.

237 East 104th Street | New York, NY 10029 | T: 212.828.6024 | unionsettlement.org

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## FACT SHEET

Union Settlement is an on-the-ground resource for East Harlem residents of all ages, and a passionate advocate for the needs of underserved communities. Since opening our doors in 1895, we have brought education, wellness and community-building programs to our neighborhood, empowering New Yorkers with opportunities to better their lives. By helping our neighbors realize their goals, we build the vitality and success of East Harlem.

Our 400 employees serve 10,000 residents each year at over a dozen East Harlem locations through a variety of programs, including Early Childhood Education, Youth Programs, College Readiness, Adult Education, Work Readiness. Senior Programs, Mental Health, Small Business Development and Policy & Advocacy.

## East Harlem Neighborhood and Needs

With over 120,000 residents, East Harlem is home to many of the needlest New Yorkers.

- 44% of households survive on less than \$25,000 per year
- 12% of adults have less than a ninth grade education and 28% did not graduate from high school
- 33% of housing units are public housing (NYCHA) units
- East Harlem's unemployment rate is nearly twice the national average
- Only 28% of third through eighth graders meet state math standards, with 32% meeting English standards
- Teen pregnancy and STD rates in East Harlem are among the highest in New York City

### Our Impact

Here are just a few of the ways that we help East Harlem families build safe and productive lives:

- Since its inception in 1964, our **College Readiness Program** has helped over 22,000 young people gain admission to college, and many of these students were the first in their family to achieve that goal.
- The **pediatric asthma screening and prevention** systems we helped develop are being replicated by 180 childcare centers throughout the city. Each year we enroll more than 3,000 children in our program, and train their parents and center staff in asthma awareness and prevention.
- Every week we serve more than 10,000 **nutritious meals and snacks** to children, youth, seniors and homebound community members.
- We provide high quality full-day **early childhood education** to about 750 young children every day, making sure that they are well prepared for elementary school and giving their parents an opportunity to work.
- Our English, high school equivalency and job readiness classes help hundreds of individuals gain the
  education, skills and experience they need to enter the workforce and support themselves and their families.
- Each year, our **mental health programs** serve approximately 1,000 individuals with individual, family, group and couples therapy, crisis intervention, psychological/psychiatric evaluation, medication management, advocacy and other services.

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**EMPOWERING EAST HARLEM SINCE 1895**